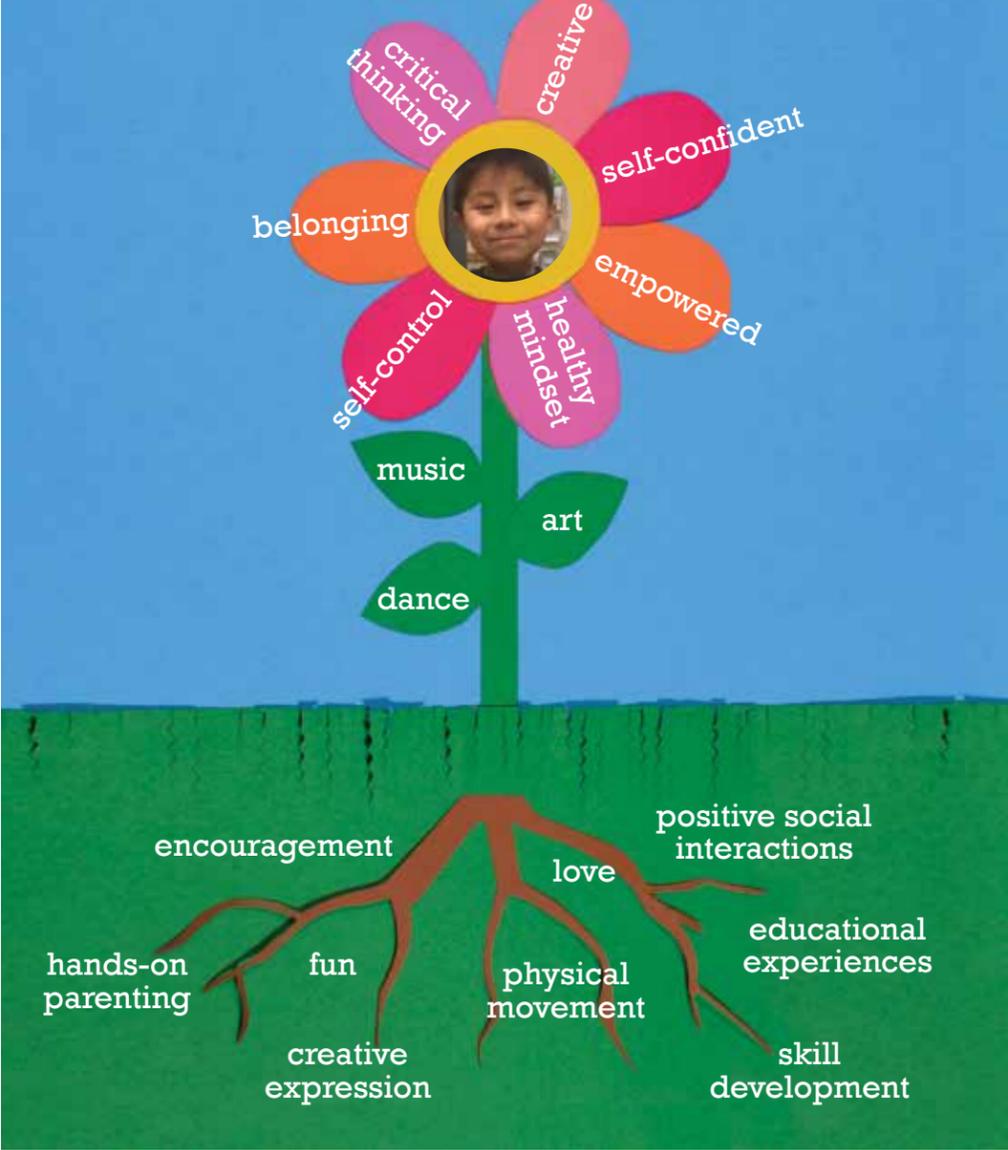




Women. Children. Together. *Stronger!*

HOW TO GROW A CHILD



A.R.T.S. – The ideal tool for cultivating growth



School readiness skills A.R.T.S. aims to level the playing field for low-income families by providing music and art experiences that align with core state standards for preschool learning and pre-literacy skills.



Hands-on parenting A.R.T.S. provides a positive and fun educational venue for low-income mothers to be in class right alongside their young children. With the hands-on assistance of their parents, children learn crucial social skills such as making friends and following rules.



Self-care School-aged youth and teens promote their overall well being mentally, emotionally, and physically when they engage in A.R.T.S. classes and reduce the negative effects of stress, anxiety and depression.



Creative expression Music, art and dance enables students to develop critical thinking and problem solving skills, imagination and creativity, discipline, alternative ways to communicate and express feelings and ideas, and cross-cultural understanding, which support academic success across the school curriculum as well as personal growth outside the classroom.



OUR PROGRAMS

- Pre-school
- After-school
- Teen moms

A.R.T.S. provides early childhood arts and music programming for low-income pre-schoolers in both our moms and young child classes and Prevention Initiative Pre-school classes.

Group drumming experiences are used for youth identified as at-risk for intervention in both after-school programming for 3rd through 8th graders and with teen moms in the Hopeful Beginnings class.



“Society can allow children to flourish by giving them quality early development.”

James Heckman
Nobel Laureate in Economics
University of Chicago

Your gift of **\$100** will help a child **GROW** by providing an **entire week's worth** of art and/or music supplies at all of our sites OR paying a teacher for the day at one of our teaching sites. A **\$100** gift means **over 50 at-risk moms, children and youth** will be able to experience hands-on art and music classes and the unmatched value of the associated benefits.



Mission

Arts Refreshing the Soul (A.R.T.S.) promotes the well-being of at-risk women and children and facilitates their recovery from domestic abuse, poverty or homelessness through educational creative arts and music programs.

